



First Online Safety Training Courses

First Insurance Company of Hawaii provides access to Summit's online safety training, a learning management system with online safety training courses designed to complement your existing risk and safety management efforts. It is provided at no additional charge for First Insurance customers.

Summit's programs address over 100 topics including OSHA, DOT, and EPA regulations.

- ▶ Accident Investigation
- ▶ Aerial Lift Safety
- ▶ Air Emissions
- ▶ Ammonia Safety
- ▶ Asbestos Awareness
- ▶ Back Injury Prevention
- ▶ Back Safety*
- ▶ Benzene Safety
- ▶ Bloodborne Pathogens*
- ▶ Bloodborne Pathogens: Exposure prevention
- ▶ Crane Safety: Mobile Cranes
- ▶ Crane Safety Pendant Control
- ▶ Compressed Gas Cylinders*
- ▶ Concrete & Masonry
- ▶ Confined Space Entry – Permit Required*
- ▶ Confined Space Entry – Emergency Rescue
- ▶ Construction Safety Orientation*
- ▶ Container Labeling
- ▶ Decision Driving®*
- ▶ Decision Driving® - Truck*
- ▶ Decontamination Zone
- ▶ Disaster Readiness
- ▶ DOT: Driver Logs
- ▶ DOT: Driver Qualifications
- ▶ DOT: Driver Wellness
- ▶ DOT: Pre and Post Trip Inspections
- ▶ DOT/CSA: Profiled in safety
- ▶ Driver Awareness: 15-Passenger Van Safety
- ▶ Drug Testing Awareness
- ▶ Electrical Safety [ES]*
- ▶ Electrical Safety – Part 2
- ▶ ES – High Voltage Awareness
- ▶ ES – High Voltage Safe Work Practices
- ▶ ES – NFPA 70E
- ▶ ES – Shock Proof Qualified
- ▶ ES – Shock Proof Unqualified
- ▶ Employee Safety Orientation
- ▶ Energized Electrical Work Permit
- ▶ Environmental Awareness
- ▶ Excavations, Trenches & Shoring
- ▶ Eye Safety
- ▶ Eye Safety: Focused on Protection
- ▶ Fall Protection
- ▶ Fall Protection – Part 2
- ▶ Fire Prevention
- ▶ Fire Protection & Prevention
- ▶ First Responder – Awareness Level
- ▶ Flammable Liquids: Know Your Risk
- ▶ Food Allergens
- ▶ Food Manufacturing: Contamination Prevention
- ▶ Food Manufacturing: Microbiology for Dairy
- ▶ Food Manufacturing: Sanitation
- ▶ Food Manufacturing: Site Security
- ▶ Food Manufacturing: Traceability Management
- ▶ Food Manufacturing: Quality Assurance Programs
- ▶ Forklift Safety*
- ▶ Formaldehyde Safety
- ▶ GHS: Chemical Labeling & Classification
- ▶ GHS: USA Compliance
- ▶ GMP: Food Production Excellence
- ▶ HACCP: Food Hazard Prevention
- ▶ Hand & Power Tools*
- ▶ Hand Safety*
- ▶ Hazard Communication*
- ▶ Hazard Communication: Knowledge to Protect
- ▶ Hazard Recognition
- ▶ Hazard Recognition, Workforce: Identify & Eliminate
- ▶ Hazardous Waste Orientation
- ▶ HAZWOPER
- ▶ Hearing Safety/Conservation*
- ▶ Heat Stress*
- ▶ Hexavalent Chromium
- ▶ HMT – Bulk Transportation
- ▶ HMT – General Awareness
- ▶ HMT – Handling Non-Bulk Packages
- ▶ HMT – Safe Work Practices
- ▶ HMT – Safety Requirements for Drivers
- ▶ HMT – Security Awareness
- ▶ HMT – Shipping Requirements
- ▶ Hoists & Slings*
- ▶ Hot Work Permit*
- ▶ Hydrogen Sulfide Safety
- ▶ Incident Investigation
- ▶ Industrial Ergonomics*
- ▶ Introduction to OSHA*
- ▶ Job Safety Analysis
- ▶ Lab Safety
- ▶ Ladder Safety
- ▶ Laser Safety
- ▶ Lead Safety
- ▶ Leadership Skills for Safety
- ▶ Lockout/Tagout*
- ▶ Lockout/ Tagout: Energy Control
- ▶ Machine Guard Awareness
- ▶ Machine Guarding*
- ▶ Marine Facilities Security
- ▶ Materials Handling
- ▶ Muscle Strains & Sprains*
- ▶ Off-The-Job Safety
- ▶ Office Ergonomics
- ▶ Office Safety
- ▶ OSHA Recordkeeping
- ▶ PACE Behavior Driving - Small Vehicles
- ▶ PACE Behavior Driving - Large Vehicles
- ▶ PPE: Armed for Safety
- ▶ Personal Protective Equipment
- ▶ Personal Protective Equipment - Construction
- ▶ Pipeline Safety
- ▶ Power Press Safety
- ▶ Process Safety Management
- ▶ Radiation Safety
- ▶ RCRA
- ▶ Respiratory Protection – Air Purifying*
- ▶ Respiratory Protection – Air Supplying*
- ▶ Rigging Safety
- ▶ Road Rage
- ▶ Safe Behavior – No Regrets*
- ▶ Safety Attitude for Safety's Sake
- ▶ Safety Orientation
- ▶ Scaffolding Safety
- ▶ Sexual Harassment: What Supervisors Need to Know
- ▶ Sexual Harassment: Understanding & Preventing
- ▶ Shock Proof: Qualified Employees
- ▶ Shook Proof Unqualified Employees
- ▶ Silica Safety Awareness
- ▶ Site Security
- ▶ Slips, Trips & Falls*
- ▶ Small Spill Cleanup
- ▶ Stairways & Ladders
- ▶ Static Electricity
- ▶ Steel Erection
- ▶ Stormwater Management/Safety
- ▶ Street Smart: Driving Skills
- ▶ TSCA
- ▶ Tuberculosis Awareness
- ▶ Valve Safety
- ▶ Walking & Working Surfaces*
- ▶ Welding Safety*
- ▶ Workplace Violence: Prevent the Threat
- ▶ WHMIS

* Available in Spanish



First Online Safety Training Course (FOST)

Administrator Features

- ▶ Flexible structure allows you to build as many user levels as you need to fit your organization
- ▶ Assign specific tasks, add students, or change training assignment
- ▶ Administrator can customize start page with quick links to access information in a single click
- ▶ Administrator dashboard continuously updates with new information and latest activity

Reporting

- ▶ Receive reports as you need them on the data you want to know, with customizable reports delivered to your e-mail inbox
- ▶ Easily export reports to Excel or other database formats
- ▶ View and run reports for the entire student population down to a single student
- ▶ Report filters include date, location, individual, status, or course

Accessibility & Performance

- ▶ Operates on all Microsoft supported versions of Internet Explorer, Chrome, Mozilla Firefox, and Safari
- ▶ Accessible via mobile devices, including smart phones and tablets
- ▶ Robust help functions include video overviews of each section to visually guide users and access to the Help Desk for IT support on every page
- ▶ 99.95% site uptime

Administrative Dashboard

First Insurance Company of Hawaii

Help and Support Notifications 6 Welcome, John Smith

Getting Started » Popular Links, Quick Start Guide, Notices

Getting Started

Welcome! This page is designed to get you started. The QuickStart Guide below will guide you through the steps required to get your account going. Each step has a guide video if you need a little extra help. Popular links to the right will jump you to the most used features, while the full set of features can be found the navigation above. Notices are in the bottom right corner, and will have the most up to date activity notifications.

I don't want to see this page again.

QuickStart Guide

Step Status Video

You have no items on your check list.

Popular Links

No favorite records found.

Notices

08/08/2014
The requirement RSM Consultants has been assigned to you.

08/08/2014
The requirement Driver Safety has been assigned to you.

08/08/2014
The requirement Office Ergonomics has been assigned to you.

08/07/2014
John Smith has been assigned to complete tasks for RSM Consultants. Please review your requirements tab for details



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